

### OSCE / OSPE Candidate Personal Items List

A. Permitted	B. Prior Approval	C. Prohibited
<p><b>Magnifying Glass</b></p> <ul style="list-style-type: none"> <li>• must be a simple hand-held pocket magnifier with no digital, illumination or other special functions</li> <li>• a magnifying sheet is provided in some stations</li> </ul> <p><b>Medications and Medical Devices</b></p> <ul style="list-style-type: none"> <li>• pills</li> <li>• eye drops</li> <li>• lip balm, chap stick</li> <li>• throat lozenges, saliva substitute spray</li> <li>• diabetes supplies: non integrated insulin pump*, non-integrated glucometer*, lancet, test strips, sharps container, glucose supplies such as glucose tablets or juice</li> <li>• inhaler</li> <li>• Epi Pen®</li> </ul> <p><b>Menstrual Hygiene Products</b></p> <p><b>Prescription/Reading Eyeglasses</b> (without case)</p> <p><b>Snacks &amp; Water</b></p> <ul style="list-style-type: none"> <li>• snacks out of packaging, carried in a clear, plastic bag, e.g. Ziploc</li> <li>• water in clear, plastic bottles/containers (not opaque)</li> <li>• examination staff dispose of any remaining snack(s) and/or water bottles at the end of examination</li> </ul>	<p><b>Medical/Assistive/Mobility Devices</b></p> <ul style="list-style-type: none"> <li>• arm sling</li> <li>• breast pump</li> <li>• integrated insulin pump**</li> <li>• integrated glucometer** (including “smart” continuous glucose monitors (CGM))</li> <li>• cane</li> <li>• cast</li> <li>• catheter</li> <li>• crutches</li> <li>• hearing aids</li> <li>• knee scooter</li> <li>• lumbar support</li> <li>• oxygen tank</li> <li>• pillow</li> <li>• walker</li> <li>• walking boot</li> <li>• wheelchair</li> </ul> <p><b>Religious/Ceremonial Items with Blades</b></p> <ul style="list-style-type: none"> <li>• dagger (<i>kirpan</i>)</li> <li>• knife</li> <li>• sword</li> </ul> <p><b>Therapeutic Beverages</b></p> <ul style="list-style-type: none"> <li>• juice box</li> </ul> <p><b>Other items not on <i>Permitted Items</i> or <i>Prohibited Items</i> lists</b></p>	<p><b>Outerwear and accessories</b></p> <ul style="list-style-type: none"> <li>• all pocket contents</li> <li>• jackets, coats, hats/caps, scarves, gloves, mitts</li> <li>• handkerchief, towel or wipes of any kind</li> <li>• purse, bag, briefcase, wallet and all contents</li> </ul> <p><b>Ear Plugs</b></p> <p><b>Electronic/Communication Devices</b></p> <ul style="list-style-type: none"> <li>• calculator</li> <li>• camera</li> <li>• cell/Smart phone</li> <li>• electronic key fob</li> <li>• fitness tracker</li> <li>• microphone</li> <li>• speakers</li> <li>• tablet, laptop, computer</li> </ul> <p><b>Paper of Any Kind</b></p> <ul style="list-style-type: none"> <li>• cup</li> <li>• facial tissues</li> <li>• money (also coins)</li> <li>• notes, references</li> <li>• religious books or papers/cards</li> <li>• wrappers, labels, inserts, packaging and written material from products</li> </ul> <p><b>Watches/Timekeeping Devices</b></p> <ul style="list-style-type: none"> <li>• analogue, digital and Smart</li> </ul> <p><b>Writing Instruments</b></p> <ul style="list-style-type: none"> <li>• pencil, pen, ruler, highlighter and cases</li> </ul>

\*Non-Integrated glucometer and non-integrated insulin pump are the earlier models that do not communicate with any other devices (i.e are stand-alone, with no electronic transmission capabilities).

\*\*Integrated glucose monitors consist of a sensor and an associated receiving device / reader that transmit data to a smart phone; Integrated insulin pumps communicate with a smart phone or other smart device for continuous glucose monitoring and drug delivery.