

PEBC COVID-19 Self-Assessment Questionnaire

Answer the questions with “Yes” or “No”

1. Within the last 10 days, have you experienced any of the symptoms below without an alternate explanation?

- decrease or loss of smell or taste
- cough or barking cough (croup)
- runny or stuffy/congested nose
- muscle aches/joint pain
- nausea, vomiting and/or diarrhea
- shortness of breath
- fever and/or chills
- sore throat
- headache
- fatigue

Answer “No” if the symptoms have been improving for over 24 hours (48 hours for gastrointestinal symptoms) AND you do not have a fever AND you are:

- fully vaccinated and not immune compromised AND experienced the symptoms over 5 days ago
- unvaccinated or immune compromised AND experienced the start of symptoms over 10 days ago

2. Within the last 14 days, have you traveled outside of Canada AND been advised to quarantine as per the federal *Mandatory Quarantine or Isolation* requirements?

3. Has a doctor, health care provider or public health unit told you that you should currently be isolating (staying at home)?

4. Within the last 10 days, have you tested positive for COVID-19 on a lab-based PCR test, rapid antigen test or a home-based self-testing kit?

Answer “No” if you are fully vaccinated and not immune compromised and the test was more than 5 days ago.

5. Do you live with someone who is currently isolating because of a positive COVID-19 test/COVID-19 symptoms OR is waiting for COVID-19 test results?

Answer “No” if you tested positive for COVID-19 on a lab-based PCR test, rapid antigen test, or home-based self-testing kit within the last 90 days and have already completed your isolation period.

6. Within the last 10 days, have you been identified as a close contact of someone who currently has COVID-19 and doesn’t live with you?

Answer “No” if you are fully vaccinated and not immune compromised OR tested positive for COVID-19 (on a lab-based PCR test, rapid antigen test, or home-based self-testing kit) within the last 90 days and have already completed your isolation period.

NOTE: While attending at the examination centre and attempting the examination, you must notify exam personnel immediately if your circumstances change and/or if any of your answers to this questionnaire change.

Thank you for helping keep everyone safe

